

Variable	Mean	SD	Min	Max
Age	38.5	12.5	25	65
Gender	Male	Female		
Marital Status	Married	Single		
Education	High School	College		
Occupation	Manager	Worker		
Income	\$30,000	\$40,000		
Health Status	Good	Fair		
Stress Level	Low	High		
Life Satisfaction	High	Low		
Resilience	High	Low		
Optimism	High	Low		
Emotional Stability	High	Low		
Self-Esteem	High	Low		
Life Satisfaction	High	Low		
Resilience	High	Low		
Optimism	High	Low		
Emotional Stability	High	Low		
Self-Esteem	High	Low		
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Life Satisfaction	High	Low		
Resilience	High	Low		
Optimism	High	Low		

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November 21, 2001
Date

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